



**Mississippi State University
College of Education
Wellness Committee
2025-2026**

Members	Department	Term Expiration
Dr. Michael Valentine, Chair		N/A
Dr. Madeline Castle	Counseling, Higher Education Leadership, Educational Psychology, & Foundations	2027
Dr. Dana AlZoubi	Industrial Technology, Instructional Design, & Community College Leadership	2026
Dr. Kim Smith	Teacher Education and Leadership	2027
Dr. Ben Wax	Kinesiology	2026
Dr. Rosanne Nunnery	Meridian Division of Education	2027
Dr. Roza Tulyaganova	Music	2027

Ex-Officio	
Dr. Kimberly Hall	Associate Dean of Academics for MSU Meridian & Division Head

Purposes and Procedures

The purpose of the College of Education Wellness Committee is to assist with promoting wellness principles among faculty, staff, and students. The goals of the committee are to promote awareness of mental health challenges that impact students within the college; promote a college climate that models empathy, respect, and supportive problem-solving; increase awareness of the importance of wellness among faculty, staff, and students; and contribute to a climate that values the long-term well-being of students, faculty, and staff within the college.

To advance the identified purpose, members of the College of Education Wellness Committee attend monthly meetings to plan wellness initiatives; participate in Mental Health First Aid training; seek opportunities to understand and promote campus mental health/wellness resources including university-wide mental health/wellness training opportunities; plan and organize college-wide education events for faculty and staff, i.e., foundational mental health awareness including understanding student distress and specific mental health responding (suicide prevention, sexual assault victim response, motivational interviewing, etc.); plan and organize college-wide wellness education events for students; promote college-wide wellness education within their home department; assist members of their home department in identifying and connecting with mental health wellness resources on campus; identify unique stressors that adversely impact members of each department of the college; plan and implement interventions designed to mitigate the impact of department specific stressors; serve as liaison between the embedded counselor and home department; and identify and advocate for changes that will increase the wellness of faculty, staff, and students in the college.

“Changing Tomorrow Through Education Today”

Membership

Membership of the College of Education Wellness Committee is comprised of one nominated faculty member from each academic department and Meridian Division of Education. Each member of the committee serves a period of two years.